

## I 6 OBIETTIVI dell'OMS

**TABLE 1: NUTRITION TARGETS AND WHY THEY MATTER**

|                     |   | 2025 Target   | Why it matters   |
|---------------------|---|---|--|
|                     |    | 40% reduction in the number of children under 5 who are stunted                       | Stunting is the largely irreversible outcome of chronic undernutrition and affects 159 million children under the age of five. <sup>13</sup> Stunted children have weaker immune systems, making them more susceptible to death and disease, and diminished cognitive capacity which impacts their ability to learn in school and earn higher incomes later in life. <sup>14, 15</sup> |
|                     |  | 50% reduction of anemia among women of reproductive age                               | Anemia affects half a billion women of reproductive age worldwide—impairing their health and economic productivity. In pregnant women, anemia can lead to maternal death and can have serious health consequences for infants including stillbirths, prematurity, and low birth weight.  |
| <b>NOT INCLUDED</b> |  | 30% reduction in low birth weight   | Low birth weight is a major predictor of prenatal mortality and morbidity, and increases the risk for noncommunicable diseases later in life.  |
|                     |  | No increase in childhood overweight   | Childhood overweight and obesity increase risks of noncommunicable diseases, premature death, and disability in adulthood.   |
|                     |  | Increase the rate of exclusive breastfeeding in the first 6 months up to at least 50% | Breastfeeding boosts a child's immune system, protects from diseases, increases intelligence, and is essential for healthy growth. Scaling up of breastfeeding to a near universal level could save an estimated 823,000 lives per year. <sup>2</sup>  |
|                     |  | Reduce and maintain childhood wasting (acute malnutrition) to less than 5%            | Severely wasted children are, on average, 11 times more likely to die than their healthy counterparts. Two million children die from wasting every year. <sup>19</sup>   |

## LA FOTOSINTESI CLOROFILLIANA



## **IL PROGETTO RIPE**

